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Medicine of the Foot and Ankle

Foot Orthotic Therapy

Ankle-Foot Orthotic Therapy

Biomechanics of the Lower
Extremities

Gait Analysis

Surgery of the Foot and Ankle

Arch and Heel Pain

Sports Medicine

Shoe Therapy

Children's Foot Disorders

Trauma of the Foot and Ankle

Nail and Skin Disorders

Welcome to the Podiatry Center of New Jersey, LLC in Wayne, New Jersey.

Thank you for selecting our office for your foot and ankle health care needs! We have prepared this packet of information and patient forms in order to help make your visit a convenient and pleasant experience.

Prior to your appointment, please contact your insurance company to clarify your coverage requirements.

Here are a couple of important points to keep in mind to make your visit easier:

Payments: Co-pays and self-pay items are due at the time of service. You are also responsible for services applied to your deductible, if using insurance. You may request an estimate for costs at the end of your appointment.

Referrals: If your insurance requires a referral to see a specialist, you cannot assume that your referral has been approved unless you have received written confirmation from your insurance company. If you are not sure your referral has been approved, please contact your insurance company before your appointment.

Prior to your appointment, please complete the following forms:

- ◆ Registration Form
- ◆ Health History Forms (2)
- ◆ Review of Symptoms Form
- ◆ Financial Policy
- ◆ Patient Consent for Use and Disclosure of Protected Health Information

When you come for your appointment, please bring the following:

- ◆ The completed forms listed above
- ◆ Medical Insurance card
- ◆ Written referral, if required by your insurance company
- ◆ Previous x-rays and medical records, if applicable
- ◆ Shoes (bring a sample of the more common shoes that you wear
 - including athletic and walking shoes)

Note: As you will be receiving advice on the proper shoes for your feet, we recommend that you not purchase any new shoes before your visit.

Please be prepared to pay for the following at the time of your visit:

- ◆ Co-payment
- ◆ Deductible (if not fully paid for this year)
- ◆ If no insurance, the full cost of the visit

For your convenience, we accept Cash, Checks, Visa, MasterCard, and Discover.

Our entire staff is here to help you in whatever manner we can. We look forward to serving you in the near future.

Information:

We are located at 510 Hamburg Tpke. Suite 108 in Wayne, NJ.
Directions and more information can be found at www.PodiatryCenterNJ.com.



Patient Registration

Patient Information

| | | | | | |
|---|--|---|--------------------------|--|---|
| Patient Full Name: | | Last | First | M.I. | <input type="checkbox"/> M <input type="checkbox"/> F |
| <input type="checkbox"/> Mr. <input type="checkbox"/> Mrs. | | | | | |
| <input type="checkbox"/> Ms. <input type="checkbox"/> Dr. | | | | | |
| By what name do you preferred to be addressed? | | | Single | Married | Divorced |
| | | | Separated | Widowed | Partner |
| | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Patient's Address | | | | | |
| City | | State | | Zip | |
| Preferred Phone | | <input type="checkbox"/> Home | | Alternative Phone | |
| | | <input type="checkbox"/> Cell <input type="checkbox"/> Work | | <input type="checkbox"/> Home | |
| | | | | <input type="checkbox"/> Cell <input type="checkbox"/> Work | |
| E-mail Address (required for access to your online patient portal) | | | | | |
| Social Security # | | Birth Date | | I would like automated reminders by: | |
| | | | | <input type="checkbox"/> Email <input type="checkbox"/> Phone <input type="checkbox"/> Text (Choose up to 3) | |
| Employer | | | Occupation | | |
| Emergency Contact/Relationship | | | | Phone | |
| | | | | | |

Insurance

| | | | | | |
|---|--|--|--|--|---|
| Patient is: | | | <input type="checkbox"/> Subscriber | <input type="checkbox"/> Spouse | <input type="checkbox"/> Dependent |
| Name of insured (if other than self) | | | Birth Date | SSN | |
| Name of insured's employer | | | Insured's work phone number | | |
| Name of person responsible for paying the bill (the Guarantor): | | | | | |
| <input type="checkbox"/> Same as patient <input type="checkbox"/> Same as insured | | | | | |
| Guarantor's Address | | | | | |
| <input type="checkbox"/> Same as patient <input type="checkbox"/> Same as insured | | | | | |
| Guarantor's Telephone | | | | | |
| | | | | | |

L&I Injury

If injured on the job, fill this portion out.

| | | | | |
|--|-----------------------|-------------------------------|-------------------------------|--------------------------------|
| Date of Injury | Type of Injury | <input type="checkbox"/> Work | <input type="checkbox"/> Auto | <input type="checkbox"/> Other |
| Has a claim been filed? <input type="checkbox"/> Yes <input type="checkbox"/> No Claim#: | | Where was claim filed? | | |
| Cause of injury | | | | |
| | | | | |

Lower Extremity Medical History, Referral Information, Doctors and Pharmacies

Name: _____ Date: _____

What is the chief complaint(s) that brings you to our office for medical treatment? (Include foot, ankle, leg, knee, hip and back complaints: _____

Symptoms of Current Problem (circle or fill in your answer)

Which Side : Right Left Both **Type of Pain :** Dull Achy Throbbing Burning Sharp Shooting

Area of Pain : Bottom of Heel Back of heel Arch Ball of foot Big toe Top of foot Ankle No Pain

Other/Details: _____

On set : Slow Sudden Traumatic **Has pain gotten :** Better Worse Stayed the Same

How long has this been a problem for you?: Days Weeks Months Years

What aggravates condition? Walking Running Standing Shoes Activities First steps after rest

Other: _____ **Severity :** Mild Moderate Severe

What have you tried for the pain? Changing shoes Anti-inflammatory meds Decreasing activities Ice

Heat Prefabricated Arch Supports Custom Orthotics Stretching Injections Physical Therapy Surgery

Antibiotics Other OTC Meds Padding Massage Acupuncture Soaking

Other: _____

After it starts, how long does pain last? _____

Have you ever had a similar pain ? (describe, including treatments received) _____

How did you hear about our office?

Relative Friend Google Bing Other Web Search Facebook Yelp

Insurance Company Mail Phone Book TV Other: _____

From My Doctor (name/specialty/city): _____

Who is your primary care physician and what other doctors treat you regularly?

Primary Care Physician: _____ MD DO PN

Date last seen: _____ I don't have a primary care physician

Other doctors and their specialties: _____

List your primary pharmacy (name and location) - This is where we will send any prescriptions

Primary pharmacy (include city and street): _____

NAME: _____ DATE: _____

Past Medical History, Social and Family History Form



General

What is your weight: _____

What is your height: _____

What is your shoe size: _____

Allergies and Drug Intolerance

- | | |
|---|-------------------------------------|
| <input type="checkbox"/> Adhesive/Tape | <input type="checkbox"/> Aspirin |
| <input type="checkbox"/> Codeine | <input type="checkbox"/> Iodine |
| <input type="checkbox"/> Local Anesthetics | <input type="checkbox"/> Penicillin |
| <input type="checkbox"/> Seafoods | <input type="checkbox"/> Sulfa |
| <input type="checkbox"/> Other: _____ | |
| <input type="checkbox"/> No Known Allergies | |

Medications

List all medications (and doses) you are taking:

Surgeries, Injuries, Illnesses

List surgeries, serious injuries, and illnesses not previously listed:

General Medical History

Mark "yes" or "no" to indicate if you or a family member have any of the following:

Personal

- | | | | |
|-----|----|-------------------------------------|-----|
| yes | no | Anemia | yes |
| yes | no | Arthritis: Type: _____ | yes |
| yes | no | Artificial Heart Valve or Joints | yes |
| yes | no | Asthma | yes |
| yes | no | Back Problems | yes |
| yes | no | Bleed easily | yes |
| yes | no | Cancer | yes |
| yes | no | Chemical Dependency | yes |
| yes | no | Chest Pain | yes |
| yes | no | Circulatory Problems | yes |
| yes | no | Diabetes | yes |
| yes | no | Epilepsy | yes |
| yes | no | Fibromyalgia | yes |
| yes | no | Gout | yes |
| yes | no | Heart Disease | yes |
| yes | no | Hemophilia | yes |
| yes | no | Hepatitis | yes |
| yes | no | High Blood Pressure | yes |
| yes | no | HIV Positive | yes |
| yes | no | Kidney Problems | yes |
| yes | no | Leg Cramps | yes |
| yes | no | Liver Disease | yes |
| yes | no | Lung/Respiratory | yes |
| yes | no | Menopause | yes |
| yes | no | Mental Illness | yes |
| yes | no | Phlebitis / Clots | yes |
| yes | no | Psoriasis | yes |
| yes | no | Rheumatic Fever | yes |
| yes | no | STD | yes |
| yes | no | Stroke | yes |
| yes | no | Thyroid Problems | yes |
| yes | no | Tuberculosis | yes |
| yes | no | Ulcers—Stomach | yes |
| yes | no | Weight Change | yes |

Family

Mental / Emotional

- | | | |
|-----|----|-----------------|
| yes | no | Eating Disorder |
| yes | no | Anxiety |
| yes | no | Depression |
| yes | no | Psychiatric |
| yes | no | Alcoholism |

Exercise and Orthotics

In what athletic activities do you participate?

days per week exercising? _____

Do you wear store-bought arch supports? yes no

Do you wear custom orthotics? yes no

If yes, who made them: _____

How old are the orthotics: _____

Social History

Your occupation?

Do you smoke? yes no

Are you a past smoker? yes no

How Much? packs/day _____

Years Smoked: _____

Drink Alcohol?: yes no

How Much: _____

Recreational Drugs? yes no

What: _____

Pregnant or possibly pregnant? yes no

The US HITECH Act requires us to ask the following questions:

Preferred Language: English

Other: _____

Race: American Indian or Alaska native

Asian Asian Indian

Black/African American

European

Native Hawaiian/Pacific Islander

White

Other: _____

Decline

Ethnicity: Hispanic/Latino

Not Hispanic/Latino

Other: _____

Decline



Review of Symptoms

Check all that you are currently experiencing.

GENERAL

- Fever
- Chills
- Sweats
- Weight Loss
- Weight Gain
- Other_____

EYES

- Please circle right, left or both
- Vision changes R L Both
- Eye injury R L Both
- Eye irritation R L Both
- Other_____

EARS/Nose/Throat

- Please circle right, left or both
- Hearing loss R L Both
- Earache R L Both
- Smell Disorder
- Balance problem
- Sore Throat
- Other_____

CARDIOVASCULAR

- Chest Pain
- Irregular beat
- Heart Valve problems
- Edema
- Other_____

RESPIRATORY

- Cough
- Difficulty sleeping
- Wheezing
- Other_____

GASTROINTESTINAL

- Nausea
- Vomiting
- Diarrhea
- Abdominal pain
- Other_____

GENITOURINARY

- Pain with urination
- Frequent urination
- Diff i culty starting or maintaining urination
- Other_____

MUSCULOSKELETAL

- Muscle cramps or aches
- Joint pain or swelling
- Back pain
- Other_____

CIRCULATION

- Leg cramps
- Blood Clots
- Other_____

NEUROLOGICAL

- Headaches
- Seizures/Stroke
- Numbness/Tingling
- Other_____

PSYCHOLOGICAL

- Depression
- Anxiety
- Other_____

ENDOCRINE

- Cold intolerance
- Heat intolerance
- Excessive thirst or urination
- Other_____

HEMATOLOGICAL

- Abnormal bruising
- Abnormal bleeding
- Other_____

SKIN

- Rash
- Itching
- Suspicious lesions
- Other_____

I have answered the above questions to the best of my ability. By typing your name below, you are signing this document electronically. You agree your electronic signature is the legal equivalent of your manual signature on this Agreement.

Signature/e-Signature: _____ Date: _____/_____/_____

*Note: Your e-signature does act as your real signature



No-show and On-time Appointment Policy

We have developed this no-show and on-time appointment policy to best meet the needs of our patients. We welcome your feedback and suggestions and will make updates to this policy as needed.

At Podiatry Center of New Jersey, LLC we respect your time and pride ourselves on keeping our appointment schedule on time. One of the ways we do this is by giving each patient ample time to meet with their doctor.

At a busy podiatric practice it is often impossible to predict what a day will bring. A sudden emergency such as a fracture or an infection throws our well-planned schedule into chaos. On the rare occasion we have to cancel an appointment, we will call and explain and reschedule as soon as possible.

Unpredictable traffic jams or a toddler who throws a tantrum can cause our patients to be late or miss an appointment altogether. We understand that sometimes being late is unavoidable and usually a quick phone call to the office explaining your tardiness or last-minute cancellation is sufficient.

Late Arrivals

When a patient arrives late for an appointment, if the schedule allows, we will see the patient. There may be a lengthy wait, however, as we will see all on-time patients first. If there isn't any flexibility in that day's schedule, the patient will be asked to wait if it is for urgent care or to reschedule if the problem is not urgent.

No-Shows

If you must miss an appointment please call us as soon as you know you cannot make it. Patients who habitually do not show and do not contact us take time away from other patients and will be asked to find another provider.

Walk-ins

If you have an urgent problem, we will likely work you into an already busy schedule. In this situation, be aware that there may be a wait but we are committed to seeing you that day.

Usually we will see you within 30 minutes of your scheduled appointment time, but occasionally the wait may be longer.



ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

I authorize Podiatry Center of New Jersey to disclose, both orally and in writing, all facts pertaining to the past, present and future conditions, treatments and services rendered to those listed below, and as required by law. This includes diagnosis, prognosis, care and treatment, reports, testing and changes. I may change this authorization in writing at any time.

You may release to the following people:

| | Name | Relationship | Telephone |
|----|-------|--------------|-----------|
| 1. | _____ | | |
| 2. | _____ | | |
| 3. | _____ | | |

SUMMARY OF NOTICE OF PRIVACY PRACTICES

Uses and Disclosures of Health Information. We will use and disclose your health information in order to treat you or to assist other health care providers in treating you. We will also use and disclose your health information in order to obtain payment for our services or to allow insurance companies to process insurance claims for services rendered to you by us or other health care providers. Finally, we may disclose your health information for certain limited operational activities such as quality assessment, licensing, accreditation and training of students.

Uses and Disclosures Based on Your Authorization. Except as stated in more detail in the Notice of Privacy Practices, we will not use or disclose your health information without your written authorization.

Uses and Disclosures Not Requiring Your Authorization.

In the following circumstances, we may disclose your health information without your written authorization:

- To family members or close friends who are involved in your health care;
- For certain limited research purposes;
- For purposes of public health and safety;
- To Government agencies for purposes of their audits, investigations and other oversight activities;
- To government authorities to prevent child abuse or domestic violence;
- To the FDA to report product defects or incidents;
- To law enforcement authorities to protect public safety or to assist in apprehending criminal offenders;
- When required by court orders, search warrants, subpoenas and as otherwise required by the law.

Patient Rights. As our patient, you have the following rights:

- To have access to and/or a copy of your health information;
- To receive an accounting of certain disclosures we have made of your health information;
- To request restrictions as to how your health information is used or disclosed;
- To request that we communicate with you in confidence;
- To request that we amend your health information;

If you have a question, concern or complaint regarding our privacy practices, please inform the Office Manager, Annie.



FINANCIAL POLICY/DISCLOSURE

1. Co-payments, deductibles and non-covered services will be paid at the time the services rendered.
2. Failure to have a valid referral from your primary care provider will make the fee(s) in question your responsibility. Payment is due at the time the services rendered. See our "Patient Responsibility Agreement" below.
3. All balances, co-payments and deductibles that remained after your insurance(s) have paid are your responsibility and are due in full within 45 days of billing.
4. In cases of divorce, separation (legal or otherwise) or guardianship, the adult presenting the minor for treatment is responsible for providing accurate insurance information and is responsible for the terms of this financial policy set forth above.
5. There is a charge of 40.00 dollars for all returned checks, regardless of reason. We gladly accept postdated checks. Please advise our staff when posting a check. We also accept Visa, MasterCard, and Discover.

I hereby assign all medical, surgical and major medical benefits of Medicare, private insurances and any other health insurance plans to Podiatry Center of New Jersey. I also authorized the release of all information for the processing of insurance claims. This assignment will remain in effect until revoked by me in writing and all balances have been paid in full. A copy of this assignment is considered valid.

PATIENT RESPONSIBILITY AGREEMENT

1. Referral Policy: Most insurance companies require a valid referral from your primary care physician to see one of the doctors in our practice. Many times, the actual referral is not present when you are treated but in transit to our office. We make every effort to let patients know in advance when a referral is necessary. The ultimate responsibility for having a valid referral for treatment is yours. If you do not have a valid referral for treatment, payment for the service(s) rendered is your responsibility and due at the time the service(s) are rendered.
2. Policy on Medical Necessity: Insurance companies will pay for only those service(s) that they deemed medically necessary. Services are determined to be medically necessary based on the diagnosis and procedure codes we supply on your claim form. It is illegal and fraudulent for the doctors in this practice to provide an inaccurate and/or incorrect diagnosis codes and/or treatment codes to your insurance company solely to receive payment for services we provide. Your diagnosis codes and treatment codes cannot be changed after a claim has been rejected as medically unnecessary.

I have read and understand the patient consent for use and disclosure of protected health information, the financial policy/ disclosure policy, and the patient responsibility agreement. By typing your name below, you are signing this document electronically. You agree your electronic signature is the legal equivalent of your manual signature on this Agreement.

Signature/e-signature of Patient or Caretaker: _____

*Note: Your e-signature does act as your real signature

Date/Time: _____